

**MIDDLETOWN PUBLIC SCHOOLS
ATHLETIC PARTICIPATION INFORMATION
704-4558**

The following denotes required items and information needed for all students and parents/guardians interested in participating in a winter sport. The first allowable date for practice this year is Nov. 26th for Girls Basketball & Wrestling and November 29th for all other Winter Sports.

Winter Sports at Middletown High School Include: (For additional information please contact coaches below)

- Basketball
 - Rick Privott – rickyprivott@yahoo.com (boys)
 - Rob Smernoff – smernoffr@mpsct.org (girls)
- Indoor Track
 - Kelli Ellis – elliske@mpsct.org (boys)
 - Rob Weston - westonthr@gmail.com (girls)
- Wrestling
 - Mark Fong – fongm@mpsct.org
- Boys Swim/Dive
 - Trevor Charles – charlest@mpsct.org
- Dance
 - Marisa Bishop – marisabishop@aol.com
- Cheerleading
 - Sharon Riley – rilevs@mpsct.org
- Unified Basketball
 - Julie Givehand – givehandj@mpsct.org
- Co-Op Ice Hockey
 - Dennis Tulimieri – dennis.sr@tulimieri.com

Families should keep the starting day of practice in mind when scheduling vacation and other plans. It makes “things” more difficult for the athlete when they miss time with the team, especially at the beginning of the season.

There is also paperwork that must be submitted before any prospective athlete can actively participate in practices and other team activities. There are six forms that must be completed and submitted to your coach. These forms are necessary for the safety of your son/daughter and also used for emergency communication with parents, insurance companies, etc.

1. **Athletic Parental Permission Form** - This provides the school with emergency contact information and permission to medically treat your son/daughter in emergencies.
2. **Medical Insurance Form** - Our athletic insurance policy is an “excess” policy. School insurance pays for medical expenses, which your family policy does not cover, up to the policy limits.
3. **Athletic Handbook**
This book contains our rules, regulations, expectations, and other important information. We ask that you and your child read, understand and sign the last page of the handbook, which is available on the Middletownschoools.org website under Athletics. This form must be returned to coach.
4. **Proof of Physical** - You must submit a completed physical assessment form from a physician in order to be approved for practice or play. **School physicals will be offered at the School Based Health Center with no cost to you.** All sport participation physicals must be current and up to date for the upcoming school year and throughout the athlete’s entire participating season(s).
5. **Consent for Cognitive Testing and Release of Information – Mandatory**
MHS will utilize an innovative concussion management program called ImPact for all student-athletes. (Immediate Post Concussion Assessment and Cognitive Testing) is a computerized online exam, in which each athlete will take prior to their athletic season. **Concussion Consent Form** - New parents/students are informed of signs, symptoms and concussion management requirements. **This form must be signed by the student-athlete and parent/guardian.**
6. **Sudden Cardiac Arrest Form** - This is an annual review of current and relevant information regarding signs, symptoms and management requirements. **This form must be signed by the student athlete and parent/guardian.**

Note: All forms are available in the MHS Athletic office, which is open Mon.-Fri. from 7am-3pm. They can also be downloaded from the Athletic Department web page of www.middletownschoools.org.